



# SALADS

**STAGIONE** **\$9.00**  
Mixed greens, tomatoes, carrots & cucumbers with balsamic dressing  
**TRICOLORE** **\$11.75**  
Radicchio, baby arugula, endive, Gaeta olives & shaved Parmigiano with balsamic dressing

**ISALATA Di PERE** **\$11.75**  
Mixed greens, red pears, gorgonzola & toasted pecans with lime dressing

**BIETOLE** **\$11.25**  
Mixed greens, roasted red beets, goat cheese, toasted walnuts, roasted corn & tomatoes with honey dijon dressing

**INSALATA con FUNGHI** **\$11.75**  
Mixed greens, portobello mushrooms, roasted peppers, toasted sunflower seeds & mozzarella with balsamic dressing

**CAESAR** **\$9.75**  
Romaine hearts, ciabatta croutons, shaved Parmigiano & Caesar dressing  
Choice of:  
Chicken **\$12.50** Roasted Turkey **\$13.50**  
Shrimp **\$14.00** Steak **\$15.50**

**MEDITERRANEAN CHICKPEA** **\$11.75**  
Chickpeas, diced cucumber, red & green bell peppers, celery, red onions, olives, feta, citrus vinaigrette

CAN BE ADDED TO ANY SALAD

Chicken	\$5.00
Cajun Chicken	\$5.50
Turkey	\$5.50
Calamari	\$5.00
Shrimp	\$7.00
Cajun Shrimp	\$7.50
Salmon	\$7.00
Hanger Steak	\$8.00
Any Salad Chopped \$1.00	
Extra 3-5oz Dressing \$1.00	

*Steak*  
**BISTECCA e ZOLA** **\$15.50**  
Hanger steak, mixed greens, cherry tomatoes, Gaeta olives, marinated red onions and gorgonzola with balsamic dressing

*Grilled Chicken*  
**AVOCADO SALAD** **\$13.25**  
Grilled chicken, iceberg lettuce, shredded mozzarella, avocado, toasted almonds & cherry tomatoes with balsamic dressing

**INSALATA di POMODORO** **\$12.50**  
Grilled chicken, iceberg lettuce, fresh tomatoes, red onions, Gaeta olives, basil & fresh mozzarella with balsamic dressing

**INSALATA di CARCIOFI** **\$13.00**  
Artichoke hearts, baby arugula, grilled chicken, quinoa & fresh tomatoes, hot peppers, red onions, & fresh mozzarella with balsamic dressing

**INSALATINA di Pollo** **\$12.50**  
Grilled chicken, mixed greens, Gaeta olives, red onions, carrots & toasted almonds with balsamic dressing

**MINT SALAD** **\$12.75**  
Grilled chicken, romaine hearts, walnuts, raisins, fresh mint, & quinoa with mango dressing

**INSALATA di CAVOLO** **\$13.00**  
Chopped organic baby kale, grilled chicken, red beets, fresh mango, avocado & pecans with honey dijon dressing

**INSALATA di MANGO** **\$13.25**  
Chopped organic baby kale, fresh mango, grilled chicken, quinoa & cherry tomatoes, almonds & shredded mozzarella with mango dressing

**POLLO e GUACAMOLE** **\$13.50**  
Grilled chicken, iceberg lettuce, guacamole, roasted hot peppers, shredded mozzarella & cherry tomatoes with lime dressing

*Chicken Cutlet*  
**PARMA SALAD** **\$12.75**  
Chicken cutlet, romaine hearts, tomatoes, Gaeta olives, red onions, roasted peppers & shaved Parmigiano with balsamic dressing

**SAL SALAD** **\$12.50**  
Chicken cutlet, mixed greens, red onions & tomatoes with roasted garlic vinaigrette  
**DI ROSA SALAD** **\$12.50**  
Chicken cutlet, mixed greens, tomatoes & goat cheese with balsamic dressing

**SUSAN SALAD** **\$12.75**  
Chicken cutlet, mixed greens, red onion, tomato, gorgonzola, roasted corn, roasted hot pepper with balsamic dressing

*Roasted Turkey*  
**TURKEY BACON** **\$13.50**  
Romaine hearts, turkey, bacon, avocado, gorgonzola, cherry tomatoes & balsamic vinaigrette  
**TACCHINO e AVOCADO** **\$13.75**  
Roasted turkey, mixed greens, shredded mozzarella, tomatoes, avocado, sautéed mushrooms & roasted hot peppers with balsamic dressing

*Seafood*  
*Calamari*  
**INSALATA di CALAMARI** **\$14.00**  
Grilled calamari, mixed greens, Gaeta olives, capers, sundried tomatoes & scallions with lime dressing

*Tuna*  
**INSALATA di TONNO** **\$14.00**  
Italian tuna in olive oil, baby arugula, roasted corn, cherry tomatoes, roasted peppers, fried capers & shredded mozzarella with lime dressing

*Shrimp*  
**INSALATA di Mango e GAMBERI** **\$14.50**  
Grilled shrimp, fresh mango, iceberg lettuce, cherry tomatoes & fresh mozzarella with raspberry vinaigrette

**ROMANA con GAMBERONI** **\$14.50**  
Grilled shrimp, romaine hearts, fresh mozzarella, raisins, toasted walnuts & tomatoes with balsamic dressing

**GAMBERONI e GUACAMOLE** **\$14.50**  
Grilled shrimp, iceberg lettuce, guacamole, toasted almonds, cherry tomatoes & roasted hot peppers with lime dressing

*Salmon*  
**SALMONE e GUACAMOLE** **\$14.75**  
Grilled salmon, mixed greens, guacamole, hearts of palm & toasted, sunflower seeds with honey dijon dressing

**SALMONE e QUINOA** **\$15.75**  
Grilled salmon, romaine lettuce chickpeas, quinoa, avocado, feta cheese, grape tomato, red onion & toasted almonds with a red wine vinaigrette

**SALMONE e PERE** **\$14.75**  
Grilled salmon, baby spinach, endive, red pears, toasted pecans, roasted beets & cherry tomatoes

+ Gluten Free Quinoa

# PANINI

**GLUTEN FREE BREAD** **\$2.50**  
Side spreads available at an additional charge

**CUNEO** **\$11.75**  
Grilled chicken, mozzarella, grilled zucchini, roasted peppers on ciabatta

**SAVONA** **\$11.50**  
Grilled chicken, mozzarella, roasted garlic aioli, tomato on ciabatta

**HOGANS** **\$11.75**  
Grilled chicken, marinated artichoke, sundried tomato, mozzarella, basil pesto on ciabatta

**NUORO** **\$11.75**  
Grilled chicken, roasted hot pepper, basil pesto, mozzarella, chopped iceberg, tomato on ciabatta

**PERUGIA** **\$12.00**  
Grilled chicken, guacamole, chopped iceberg, mozzarella on rustic hero

**PRATO** **\$12.00**  
Chicken cutlet, fontina, sautéed onion, roasted pepper, spicy artichoke sauce on ciabatta

**PIETRO** **\$12.00**  
Chicken cutlet, mixed greens, roasted pepper, mozzarella, herb mayo on ciabatta

**PEPERONI** **\$12.00**  
Chicken cutlet, mozzarella, roasted pepper, red onion on ciabatta

**COTOLETTA** **\$12.00**  
Chicken cutlet, mozzarella, red onion, tomato & herb mayo on ciabatta

**PICCANTE** **\$11.75**  
Chicken cutlet, mozzarella, mixed greens, spicy salsa aioli on ciabatta

**ANCONA** **\$12.00**  
Chicken cutlet, mixed greens, mozzarella, roasted hot pepper, tomato on ciabatta

*Vegetarian*  
**SICILIA** **\$11.25**  
Fried eggplant, mozzarella, roasted peppers on krispina

**POTENZA** **\$11.00**  
Fried eggplant, mozzarella, tomato, basil on krispina

**FOGGIA** **\$11.00**  
Fried eggplant, smoked mozzarella, olive paste, sundried tomato on krispina

**TRAPANI** **\$11.00**  
Portobello mushroom, mozzarella, roasted peppers & sautéed onions on focaccia

**PORTOBELLO** **\$10.75**  
Roasted portobello, tomato, mozzarella on whole wheat

**TERRA** **\$12.25**  
Roasted portobello, broccoli rabe, roasted pepper, grilled zucchini, fresh mozzarella on whole wheat

**GUBBIO** **\$11.25**  
Roasted portobello, goat cheese, basil pesto, roasted pepper on whole wheat

**SIENNA** **\$8.25**  
Mozzarella, tomato, basil, extra virgin olive oil, balsamic on krispina

**VITTORIA** **\$11.00**  
Artichoke hearts, sundried tomatoes, roasted peppers & baby arugula on focaccia

**VEGETARIANO** **\$11.00**  
Grilled mixed vegetables with fresh tomatoes & mozzarella on rustic hero

**GOAT CHEESE** **\$11.00**  
Goat cheese, sundried tomatoes, Gaeta olives, grilled zucchini & red onion on focaccia

*Cured Meats*  
**THE AMERICANA** **\$12.25**  
Prosciutto, mozzarella, roasted peppers, balsamic vinaigrette, on foccia

**CRUDO** **\$12.00**  
Prosciutto, mozzarella, baby arugula on ciabatta

**PROSCIUTTO** **\$12.00**  
Prosciutto, mozzarella, tomato on ciabatta

**PIPPO** **\$12.75**  
Prosciutto, mozzarella, sundried tomato, spicy salsa aioli, red onion, Gaeta olives, roasted hot peppers on ciabatta

**LECCE** **\$11.25**  
Parma ham, mozzarella, tomatoes & spicy aioli on focaccia

**MATT** **\$12.00**  
Parma ham, mozzarella, tomato, herb mayo, mixed greens, roasted pepper, balsamic on ciabatta

*Roasted Turkey*  
**TURKEY BLT** **\$12.00**  
Roasted turkey, bacon, herb mayo, lettuce, tomato on foccia

**FROSINONE** **\$12.00**  
Roasted turkey, crispy bacon, smoked mozzarella, sautéed onion, herb mayo on krispina

**SAN REMO** **\$12.75**  
Roasted turkey, mozzarella, roasted hot peppers, guacamole on ciabatta

**TURKEY AVOCADO** **\$12.75**  
Roasted turkey, provolone, avocado, roasted peppers, herb mayo, spinach on foccia

*Seafood*  
**TONNO** **\$11.75**  
Italian tuna in olive oil with fresh tomato, baby arugula & spicy aioli on krispina

**NAPOLI** **\$12.00**  
Grilled Shrimp, salsa aioli, baby arugula on a round rustic

**ASTI** **\$13.00**  
Grilled shrimp, broccoli rabe, mozzarella, roasted hot pepper on ciabatta

**AGRIGENTO** **\$12.50**  
Grilled shrimp, marinated artichoke, tomato, roasted garlic aioli on round rustic

*Steak*  
**BISTECCA** **\$13.00**  
Hanger steak, sautéed onion, smoked mozzarella on ciabatta

**BISTECCA e MOZZARELLA** **\$13.00**  
Hanger steak, mozzarella, roasted pepper on ciabatta

**BISTECCA e FUNGHI** **\$13.00**  
Hanger steak, fontina, sautéed mushrooms on ciabatta

**ALEXANDRO** **\$13.50**  
Hanger steak, avocado, roasted hot pepper, romaine, tomato, red onion on ciabatta

*Pork*  
**SARDEGNA** **\$12.25**  
Sweet sausage, mozzarella, roasted hot pepper on round rustic

*Piadina Classica*  
Served with a side order of Stagione or Caesar salad, Tuscan fries or sweet potatoes fries

**PROSCIUTTO DI PARMA** **\$12.00**  
with fresh baby arugula, brie cheese, and drizzled with Mike's hot honey

**HANGER STEAK** **\$15.50**  
Hanger steak with fontina cheese, peppers and onions

**GRILLED CHICKEN** **\$11.00**  
with stracchino cheese & baby spinach

**GRILLED SHRIMP** **\$14.50**  
with stracchino cheese & mixed vegetables

## Panini Basket

*Your choice of panini cut in quarters*      **10 PANINI \$105.00**  
**5 PANINI \$55.00**